

Mfantseman Municipal Health Directorate launches KOKO Plus Nutrition Support Program

Koko plus is a protein and micronutrient powder to be added to any complimentary foods. It is rich mix of soya-bean powder, essential amino acids, vitamins and minerals for children 6-24 months. Koko plus provides 50% of the daily requirement of iron needed for growth and development.

Healthy eating means, eating a variety of foods that give you the nutrients you need to maintain your health, feel good and have energy. These nutrients include protein, carbohydrate, fat, vitamins, minerals and water. Malnutrition involves a dietary deficiency. Poor diet may lead to a lack of vitamins, minerals and other essential substances. Symptoms of which include a distended abdomen.

In an interview with Mrs. Ophelia Adu, the Municipal Nutrition officer of the Mfantseman Municipal Health Directorate, She said the KOKO Plus Nutrition Support Program started in June 2019 in the Municipality. The program has so far sponsored 20 food demonstration and sensitization sessions on 4-Star diet in all five sub-municipals within the municipality reaching out to 1218 caregivers and mothers with few men as partners.

The KOKO Plus Nutrition Support Program has also helped print materials on the 4-Star diet which has been and is a helpful tool for education and counselling. She encouraged mothers and caregivers to use the product as a complementary feed as it is rich in essential nutrients necessary for child growth and brain development.



Lunching of KOKO Plus Nutrition Support Program



It's all joy with KOKO Plus



Mother feeding the Child with KOKO Plus